

SCHOLASTIC

# Parent & Child

THE JOY OF FAMILY LIVING AND LEARNING™

## BACK TO SCHOOL!

- GEAR
- SKILLS
- TRIPS

**15 APPS**  
*we like for families*  
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TEACHING  
**KIDS**  
TO DO THE  
RIGHT THING  
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### *Jeri* **Hatcher**

Single mom driven to change the world—one child at a time  
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OUR 2010  
**PARENT  
BLOGGER  
AWARDS!**  
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PASS ON THE FUN  
OF LEARNING  
THIS SCHOOL YEAR.

Only Kleenex® brand has Sneeze Shield in all their tissues to help keep the stuff off kids' hands and in the tissue.

Peel off to find a brand of activity you can do together!

Kleenex



Visit [www.kleenex.com/school2010](http://www.kleenex.com/school2010) for exclusive learning activities.

September 2010 \$2.95  
[www.Scholastic.com/parents](http://www.Scholastic.com/parents)

Child's Classroom

See page 121 for more

## LET'S GO



[ gear ]

### Fuel Up!

Nutritious treats like these can help keep your energy up while you're out exploring. Two new BPA-free containers make carrying them convenient and safe

#### 1. AYALA'S HERBAL WATER

Infused with refreshing organic herbal extracts. Six soothing flavors include cinnamon orange peel and lavender mint. No artificial flavors or sweeteners, no preservatives. *Herbal Water*, \$2 per 16-oz bottle.

**2. STICKS & TWIGS** Crunchy little treats that are organic and wheat-, dairy-, trans-fat-, and gluten-free. They're also non-GMO, kosher, and packed with fiber and iron. Could you get much

healthier? Three flavors: curry, sea salt, chipotle-tomato. *Mary's Gone Crackers*, \$5 per 8-oz bag.

#### 3. ELLA'S KITCHEN BABY FOOD

Packaged in pretty, portable, and squeezable pouches (3.5 oz), these organic fruit and veggie blends are made for tots but great for all ages. *Ella's Kitchen*, \$2 each.

#### 4. CINNAMON HARVEST WHOLE-WHEAT BISCUITS

Munch this tasty organic cereal on the go! (Also comes in island vanilla or autumn wheat flavors.) Low-fat, high-fiber, sodium-free. *Kashi*, \$5 per 17.5 oz box.

#### 5. COLLAPSIBLE FEEDING BOWL

Folds up like an accordion when empty for easy storage. Lightweight; dishwasher safe. *Munchkin*, \$6.

#### 6. EARNEST EATS BAKED WHOLE FOOD BARS

Made with whole grains, fruits, and hearty nuts. Yummy source of fiber, protein, and omega-3s. Try the cranberry lemon zest or apple ginger. *Earnest Eats*, \$2 each.

#### 7. KIDS AUTOSEAL SPILL-PROOF MUG

These sleek water bottles have a smart design that allows your child to sip when she presses the button; when she releases it, the lid automatically seals shut. *Contigo*, \$20 for a pack of two (14 oz each).